

## Are Post-Adoption Services Right for My Family?



We recognize that adoptive families might feel hesitant to engage with ongoing services after finalization. Because of this, DePaul's post-adoption services are offered on a **continuum** to meet the changing needs (or lack of needs) of EVERY adoptive family. Engagement in any specific service or activity is always **optional** after enrollment. Although more intensive and crisis supports are available for families who need them, post-adoption services are mainly designed to help parents and youth stay connected with the *post-adoption community* in a variety of ways. The stressors that adoptive families and youth face are often unique, so having this tailored support can help any family maintain stability during happy times or when new challenges arise.

## Service Eligibility and Cost



Services are **FREE** thanks to a generous grant by the Virginia Department of Social Services. Post-adoption services are available through DePaul, in partnership with Commonwealth Catholic Charities, to ALL adoptive families in the Western and Piedmont regions of the state who have an adopted child or children between the ages of 0-18.

## Referrals

Our referral process has been streamlined for easy access! All referrals can be made through our website:

[www.depaulcr.org/rpacs](http://www.depaulcr.org/rpacs)

For more information, you may also contact:  
888.233.7285

Regional Coordinator, Post-Adoption Services  
[RPACS@depaulcr.org](mailto:RPACS@depaulcr.org)

## Post-Adoption Services



[depaulcr.org/rpacs](http://depaulcr.org/rpacs)



## What Are Post-Adoption Services?



All families need support and connection, and adoptive families are no different. However, adoptive families do face some unique challenges. Because of this we want to help ensure that each adoptive family is connected to a caring community of individuals who can understand their successes and support them through their struggles.

Since each family is different and their needs change over time, our services are flexible, offer lots of choice for different degrees of family engagement, and are individually tailored to each family we serve! There is **no monthly contact or home visit requirement** and your family's level of participation can increase or decrease at any time.

## Post-Adoption Services



### Basic Post-Adoption Services

- Access to educational and training opportunities for adults, youth, and natural supports
- Assignment of a designated adoption specialist who has expertise related to the unique needs of adoptive families
- Resource sharing, information, and referrals as needed
- Connection to an online community of local adoptive parents

### Intensive post-adoption services

- 24/7 emergency phone support from a trained adoption specialist
- Connection to local emergency crisis services, if needed

### AFTER HOURS CRISIS NUMBER

855.554.5240

## Post-Adoption Services



### Enhanced Post-Adoption Services

- Free activities and events with other adoptive families in your community
- Parent and youth discussion groups, aimed at building supportive connections
- Planned respite activities
- Intensified support from your adoption specialist including development of an individualized family service plan, phone and in-person support, assistance navigating behavioral challenges, or help with other needs that arise

